

# Butler University Club Sports Facility Policies

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## Health and Recreation Complex (HRC) Policies

### HRC- Facility Policies

- Proper identification (valid Butler Student ID, Faculty/Staff ID, Alumni HRC ID, and Additional Household HRC ID) must be shown when entering through the control desk area. The Recreation staff reserve the right to ask for additional forms of identification at any time. Members who have forgotten their ID have the option of purchasing a guest pass.
- Food and drink (other than water) are not permitted in any of the recreational areas of the building. Glass containers are not permitted in the recreation areas of the building.
- Smoking and smokeless tobacco are not permitted anywhere in the facility, including within 20 ft outside of the facility.
- Alcohol and drug use is strictly prohibited in the HRC or its programs. Violators will be subject to Butler University disciplinary procedures.
- No pets other than service animals and those approved by the Department of Recreation for special programming are allowed inside the HRC.
- For hygienic reasons, shirts that cover the entire torso, including the abdomen, and the back, must be worn in fitness rooms at all times. In order to limit the spread of skin transmitted diseases, sports bras, halter-tops, crop tops, cut off shirts, and T-shirts without backs are not permitted. Appropriate length pants/shorts/spandex shorts that cover the buttocks must also be worn at all times.
- Profanity and abusive language will not be tolerated.
- Headphones must be used with personal radios and electronic listening devices.
- Abuse of property will not be tolerated.

- Sexual, ethnic, or any other kind of harassment of patrons and/or employees will result from immediate removal from the facility, and will be handled through the Butler University disciplinary and legal systems.
- Any sort of weapon, including, but not limited to Martial Arts weapons, guns, knives, or any other sharp device that could be used as a weapon, are strictly prohibited in the HRC. Contact sparring may only occur during approved activities.
- Use of the HRC for personal or monetary gain is not permitted.
- The Department of Recreation and the University are not responsible for lost or stolen items. Please leave valuables at home or be sure to lock them securely.
- Use of the HRC is considered a privilege. Individuals not complying with the established departmental policies and procedures may be asked to leave the facility and/or are subject to departmental and/or university disciplinary procedures.
- Any group that wants to use a specific area of the HRC that consists of 5 or more people must request to be scheduled through the Recreation Office. This policy is in place to protect the mission and philosophy of the HRC which is to remain an open recreation facility
- Personal training (individual or group) is only allowed with a designated recreation employee.
- Use of the HRC is considered a privilege. Individuals not complying with the established departmental policies and procedures may be asked to leave the facility and/or subject to departmental and/or university disciplinary procedures.

#### HRC- Court Policies

Violators of the below policies will be subject to disciplinary procedures and asked to leave the facility immediately. Violators who cause any damage to the facility will be billed.

- Dunking, grabbing, hanging on rims or nets, or hand in the "cylinder" is not permitted.
- Kicking or throwing of a basketball and/or other equipment towards the ceiling and/or track is not permitted.
- Abuse of property will not be tolerated.
- Clothing and equipment must be stored in the cubbies or locked up and is not to be placed under the basketball goals. Items placed on the floors will be taken to the Control Desk lost and found for reclaiming. The Department of Recreation is NOT responsible for any lost or stolen personal items.
- Do not spit on the floor.
- Only non-marking gym shoes will be allowed unless you are a spectator.
- The following sports are not allowed in the HRC as Informal activities: Indoor Soccer, Lacrosse, Ultimate Frisbee, Baseball, Softball, Ultimate Fighting, any Martial Art that allows unsupervised use of implements, Floor Hockey, or other activities that require specific on-site supervisors.

## HRC- Fitness Area Policies

- Personal training (individual or group) is only allowed with a designated recreation employee.
- Patrons are required to wear closed-toe athletic footwear at all times (unless attending a mind/body class or stretching in core and cool down designated spaces in the facility).
- For hygienic reasons, shirts that cover the entire torso, including the abdomen, and the back, must be worn in fitness rooms at all times. In order to limit the spread of skin-transmitted diseases, sports bras, halter-tops, crop tops, cut off shirts, and T-shirts without backs are not permitted.
- Appropriate length pants/shorts/spandex shorts that cover the buttocks must also be worn at all times.
- Headphones must be used with personal radios and electronic listening devices.
- Wipe down and clean equipment after use with a disinfectant spray and towels (provided in exercise area).
- No dropping weight plates or dumbbells in the facility, unless dropping on the Olympic lifting platforms.
- Re-rack all weights, dumbbells, and bars after usage.
- Place all weights, belts, bands, handles, or any other fitness equipment back to their proper storage location.
- Allow people to use dumbbells and weight machines in between sets
- No usage of weight plates or bars in the Zone or gymnasium.
- Walkways should remain clear at all times. Stretching is permitted in mat areas only.
- Throwing of medicine balls against walls or floor is prohibited unless on the Zone Dynamax wall.
- Any group consisting of 5 or more persons, wanting to use the fitness area, must request to be scheduled via a Facility Request Form for either Multi-purpose room usage or weight training and cardio areas. This policy is in place to protect the philosophy and mission of the HRC, which is to remain as an open recreation facility to its users.
- Patrons of the fitness area are expected to comply with any instructions given by fitness staff. Failure to comply with instructions or regulations may result in disciplinary actions.
- Individuals not complying with the established departmental policies and procedures may be asked to leave the facility and/or subject to departmental and/or university disciplinary procedures.

## HRC- Track Policies

- The track direction changes daily. Follow the signs for the appropriate direction.
- Inside lane is for walking. Middle lane is for jogging. Outside lane is for running.
- The courtesy rule of passing is recommended. Joggers/runners should alert others before making a pass.
- Stretching and warm-up exercises are to occur in the stretching area.

- Due to potential safety hazards, do not stand on the track to watch other recreational activities. No one is allowed to stand or block any lanes of the track.
- Children under 16 years of age are NOT permitted on the track level even if accompanied by an adult. Exception: During permitted posted family times or specific program times, children under 16 years of age can be on the track if accompanied by a parent or legal guardian.
- Strollers are NOT permitted.

## HRC- Pool Policies

- No one may enter the Aquatic Center unless supervised by a Department of Recreation Lifeguard.
- Showers are required before entering the pool area. If a patron is using the sauna, they must shower before entering the pool or spa.
- Appropriate swimsuits are required for all swimmers. Street clothes, street shoes, thongs and see-through swimwear, and diapers are prohibited.
- Religious garments may be worn in the pool.
- Participants are not permitted in the pool area with open sores, ear, eye, or nose infections, or with bandages or adhesive tape. Lifeguards reserve the right to inspect and refuse admittance for health concerns.
- Individuals who have had diarrhea in the last two weeks are asked not to use the pool.
- Dispose of gum, food, or drink before entering the Aquatic Center.
- No running, diving, dunking, pushing, pulling, or horseplay. Also, playing on or around ladders, railings, and drains are prohibited.
- The use of starting blocks is prohibited, except for competitive programs.
- Sitting or swimming over and through the lane lines is not permitted.
- The use of radios, tape, or CD players is restricted to devices with headphones only.
- Personal items are to be stored safely in the locker rooms. Personal items and strollers will not be permitted on the pool deck.
- Lifeguards have the responsibility to enforce rules and regulations and have the authority to remove anyone for unsafe or inappropriate behavior.

## Club Outdoor Fields Policies

The use of Department of Recreation/University facilities and equipment is a privilege and all clubs are expected to respect and be good stewards of the facilities and equipment. This includes, but is not limited to: supporting and enforcing department policies regarding use of facilities, cancellation of outdoor activities due to inclement weather and/or field conditions, proper storage of university and club equipment, etc.

- Fields can only be used by clubs that have an EMS Request confirmation.
- Teams are responsible for cleaning up any trash and removing equipment and supplies from the playing area and to the proper locations after each practice/game.
- All equipment is to be stored in outdoor shed, unless otherwise specified.

- All fields must be locked with club keys after teams are done practicing or competing. Keys are to be picked up at and returned to the HRC front desk.
- No alcohol is permitted on Department of Recreation facilities.
- No tobacco is permitted on Department of Recreation facilities.
- No food is allowed on the tennis courts.
- All outdoor fields will be closed for Club Sports use from December Break (12/1) until the end of Spring Break (weather permitting). Conducting practice during this time subjects your club to possible disciplinary sanctions.

## Helpful Links

<https://www.butler.edu/hrcpolicies>

<https://clubsports.butler.edu/>